

Feedback From Parents

“I felt so much calmer after our meeting.”

“Great to be able to talk to somebody who knows the school, but doesn’t actually work here.”

“Revolutionary! There should be more of this going on in schools.”

“Really helped me to see what I’m already getting right... and what I can do differently.”

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Support for Parents/Carers



Julie Wakeley
Educational Psychologist

What is parent support?

As a parent you can often be so busy juggling the different demands on your time. This gives you an opportunity to just step back from what you are doing, and think things through together.

Parents say that this helps in lots of ways, such as understanding their child better, being more able to cope with their behaviour, and feeling calmer/more positive generally.

Who is it aimed at?

Any parent of a child in school with additional needs.

Whether you are looking for a better understanding of your child, or simply needing some time to reflect on where you are now as a parent, then this is for you.

What can I expect from our meeting?

A safe, friendly and confidential space to talk to an experienced practitioner.

Sessions are entirely open, so that we can focus on the issues that matter to you. We normally meet on a 1:1 basis in school, although consultations by telephone or Skype can be arranged if preferred.

Frequently discussed issues

- Individual needs of your child
- Managing your child's behaviour
- Establishing routines at home
- Coping with change and transitions
- Stress/anxiety issues.

About me

I am a trained Educational Psychologist with many years' experience of working with schools and families in Cornwall. Before I became an EP, I spent ten years as a teacher and then manager of a countywide team.

My aim is to apply my psychological knowledge and expertise within schools and other educational settings. In my work, I draw widely upon various psychological models, including solution focused thinking, coaching, and the humanist approach of Carl Rogers.

I adhere to high standards of professional practice, which are monitored by the Health and Care Professions Council (HCPC Reg. No. PYL 01522).